

**THE FORUM THEATRE AS A MEDIUM OF EXPRESSION OF EMOTION BY  
MALAY ADOLESCENTS IN MALAYSIA: A CASE STUDIES OF THE TWO  
REHABILITATION CENTERS IN MELAKA AND KOTA KINABALU.**

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**ABSTRACT**

What is the Theatre of the Oppressed? In a general terms, 'oppressed' means 'done badly by', 'experience injustice', and 'be unfairly treated'. Oppression in the context of Theatre of the Oppressed is not an exclusively physical phenomenon, or to be resolved in physical terms. It is not the same as aggression which depends on physical strength. Oppression is defined as a power dynamic based on monologue rather than dialogue; a relation of domination and command that prohibits the oppressed from being who they are and from exercising their basic human rights. It is about a person who has lost the right to express his or her will and needs, and is reduced to the condition of an obedient listener to a monologue. Oppression is very often interiorised, but the oppressed can still liberate themselves by involving in discussion and voicing their problems. In the context of theatre, Boal defines 'Theatre of the Oppressed' as a participatory form based not on the classical notion of performance "spectacle" but on the creation of a forum to analyze, discuss, and explore group solutions to injustice (Arendt.C:1996.Vol.40 [2]).

**KEYWORDS:** Experience Injustice, Theatre of the Oppressed, Drama Therapy.